



BLENDER BANANA OAT PANCAKES

INGREDIENTS

1.5 Cups Oats (GF if needed)

3 Ripe Bananas

6 Eggs

1 tsp Vanilla

1 tsp Cinnamon

1 tsp Baking Powder

DIRECTIONS

1. Preheat an electric griddle or stove top where you will prepare the pancakes
2. In a blender put in oats, bananas, eggs, vanilla, cinnamon, and baking powder. Blend on high for 1 minute.
3. Pour pancakes on griddle or stove top pan and bake until bubbling. Then flip.
4. Serve with sliced bananas, syrup, or your favorite pancake topping!

NOTES

These pancakes tend to be higher in protein due to the eggs and oats.