



## BAKED OATMEAL

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### INGREDIENTS

6 Cups of Oats  
1 Cup Oil  
4 Eggs  
1 tsp Baking Powder  
1.5 Cups Brown Sugar  
1 tsp cinnamon  
a pinch of salt

### DIRECTIONS

1. Preheat Oven to 350 degrees F .
2. In a mixing bowl combine oats, oil, eggs, baking powder, brown sugar, cinnamon, and salt. Mix together so the eggs are well beaten and the mixture is well mixed.
3. Pour in a greased 9x13 pan
4. Bake for 3-40 minutes or until the center is set (should be slightly jiggly but not liquid)
5. Serve as is or in a bowl topped with warm milk!

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### NOTES

I like to use a sprouted gluten free oat but any oat will do! This is a great recipe to prep and then have through out the week!