



## CHICKEN SALAD W/ APPLES

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### INGREDIENTS

Leftover Chicken, chopped

½ Cup Plain Greek Yogurt

1-2 TB Mayo

1 TB Mustard

1 TB 21 Day Salute Seasoning or

Herb De Provence

1 Apple, Chopped

2 Celery Sticks, Chopped

salt

### DIRECTIONS

1. Take whatever leftover chicken you have OR chop up a store bought rotisserie chicken, place in a bowl.
2. Next, Chop apples (skin on) and celery and place into bowl with chicken.
3. Add Greek yogurt, mayo, mustard, and seasoning to the bowl. Add salt and stir until all combined.
4. Serve with crackers, croissants, or sandwiches

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### NOTES

If you don't have leftover chicken to use up that week grab a rotisserie chicken from a store and chop up half of it! If you want to use the whole chicken just doubled the recipe :)