



POTATO EGG CASSEROLE

INGREDIENTS

1 pack of Simply Shredded Potatoes
10 eggs
1 Cup cottage cheese
1 Bell Pepper, chopped
1/2 Onion, chopped
1lb Ground Breakfast Sausage, browned
1.5-2 Cups Shredded Cheese
salt
pepper

DIRECTIONS

1. Pre-heat oven to 375 Degrees F
2. Chop Bell Pepper and onions and set aside.
3. In a blender crack 10 eggs, add cottage cheese and salt. Blend until mixed together. Set aside
4. In a greased 9x13 pan add shredded potatoes. Next, sprinkle the top with bell peppers and onions. Mix together with a fork.
5. Next, pour the egg mixture over top and spread across potatoes if needed.
6. Sprinkle ground sausage over top and then top with shredded cheese.
7. Bake in the oven for 40-45 minutes or until center is completely baked through
8. Serve with hot sauce or salsa!

NOTES

I used Amylu ground chicken sausage but you can use any brand you want! The chicken sausage added slightly more protein! Also, you can use frozen hash browns, just use one pound of them 😊